

# MCCREARY COUNTY EXTENSION



# 4-H NEWS

November 2024



*"Millions saw the apple fall,  
but Newton asked 'why'" - Bernard Baruch*

## NOTES FROM MCCREARY 4-H

Tracie Goodman, Agent  
Ashley Moore, Program Asst



## Did you know?

Youth who experience a high-quality developmental context in 4-H tend to score higher across the four program outcome areas of civic engagement, college and career readiness, healthy living, and science. Enroll in Kentucky 4-H!

## Country Ham Show & Sale

Need a holiday ham?? 4-H Country Ham Project members are auctioning their Kentucky State Fair hams November 6th-8th at the McCreary County Extension Office. Silent auction begins each day at 8am and ends at 4:30pm.



## ANNOUNCEMENTS





# LOOKING AHEAD



## EVENTS

**Country Ham Show & Sale-  
Silent Auction @ McCreary  
County Extension  
Nov 6th-8th**

**4-H Issues Conference  
@ Dale Hollow State  
Resort Park  
Nov 14th-16th**

**Kentucky Cattlemen's  
Association Convention  
Jan 16th-17th, 2025**

**Kentucky 4-H Day @  
Kentucky Historical  
Center, Frankfort  
Feb 7th, 2025**

**Save the Date!  
4-H Camp 2025- McCreary,  
LaRue, Russell, Marion  
June 17th-20th**

*For information on events,  
contact the McCreary County  
Extension Office!*

## PROGRAMS/CLUB MEETINGS NOVEMBER

**Nov 6th & 19th, in-school  
Artist's Spotlight @ WCE**

**Nov 12th, after school  
PKI Garden Club**

**Nov 12th, 6pm  
Jr. Cattlemen's Meeting**

**Nov 14th, 4:30pm  
Woodchucks- Christmas Crafts**

**Nov 19th, 4:30pm  
Cloverbuds**

**Nov 22nd, in-school  
Hydroponics @ Lower Hickory  
Grove Christian Academy**

**Nov 26th, 4:30pm  
Scrapbooking Club**

***\*McCreary County Extension will be  
closed Nov 5th for Election Day,  
and Nov 28th-29th for the  
Thanksgiving holiday.***



**Join McCreary 4-H Remind!**

**Text @kb46dk6 to the number 81010**

**Follow us!**





# GOING THE EXTRA MILE

4-H R/C Club member, Easton Shoopman, custom-built his own FMS Pull truck and was featured on the Juicebox Hobbies Facebook page.

4-H Woodchucks member, KJ Neal, turned his club project into an entrepreneurial opportunity.

Learning by doing, making the best better. That's 4-H!



**Parents: Do your kids get enough physical activity?**

**Check out Health Gov's interactive Move Your Way tool for tips to help your kids get moving:  
<https://bit.ly/30Ag8w9>**

How much activity do I need?



Kids and teens ages 6 to 17 need at least **60 minutes** of activity each and every day.

